

Martina is a 65yo women living with HIV for more than 20years, diagnosed in 1999 while hospitalized for PCP, severe PID and Thrush and struggling with addiction. Since 2005 she has been active in her care, including sobriety and served as a peer advocate but she and her clinical team have struggled with her medications & getting and keeping her UDVL. In the past, she lived alone, managing her expenses thru SSI and other benefits. Her daughters are in & out and her 3 young grandchildren often stay with her.

Today she presents in clinic after more than 6 mos, missing her last 2 appointments. The nurse walks into the exam room, where Martina is sitting on a chair. Martina tells her she is tired because she is sleeping in the couch. The nurse notes she has gained 8 lbs since last visit, her B/P is elevated 180/98 and she has a bruise on her elbow. The visit is scheduled for 15 mins.

Joseph is a 58yo gay man who has been living with HIV for 30 years. He has been relatively healthy for the past 15 years on HART with an UDVL for the past 5 years. Previous to that he had been on various regimens with significant AIDS related diagnosis. Two years ago he lost his partner who was also HIV+, to a heart attack. He works as an accountant and lives in the condo he & Carl bought a few years ago.

He is now thinking about getting back into the dating scene, but wondering how to do this. He has been looking at Grindr but has not felt like venturing out to the bars, gym or places he hung out with Carl before he became ill. He is concerned about his job-he has noticed that he is more forgetful – even sometimes forgetting where he is driving to. He still feels sad about the loss of Carl.

He makes an appointment with his Case Manager to talk about his concerns. His case manager schedules an appointment for 2 weeks from now.