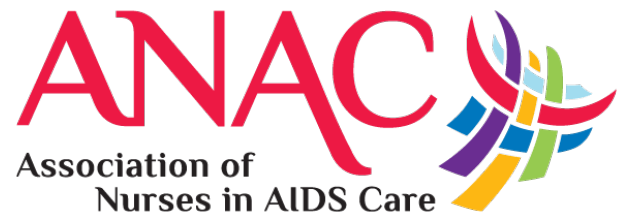


# HIV & Aging Symposium: Healthy Aging with HIV: Tips on Managing, Surviving and Thriving

Faculty: Carole Treston  
David Vance  
Dorcas Baker  
Jeffrey Kwong  
Damon L. Jacobs

USCA Thursday September 5, 8:00-1100 AM



# Association of Nurses in AIDS Care

**Mission:** ANAC fosters the professional development of nurses and others involved in the delivery of health care for persons at risk for, living with, and/or affected by HIV and its comorbidities. ANAC promotes the health, welfare, and rights of people living with HIV around the world.

This session is part of the ANAC sponsored provider pathway.

# Continuing Nursing Education

Upon full participation in this session & completion of an evaluation, participants will be awarded 3.0 contact hours.



The Association of Nurses in AIDS Care (ANAC) is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.



# Disclosures

## Faculty Conflict of Interest Disclosures

- Jeffery Kwong: Gilead Sciences Speakers Bureau
- Damon Jacobs: Gilead Sciences Community Advisory Board
- Carole Treston: Gilead Sciences Advisory Committee
  
- ANAC is the recipient of a program grant **Quality Care for People Aging with HIV through Nurse led Care Coordination** from Gilead Sciences. Carole Treston is the Project Director and Dorcas Baker, Jeff Kwong, David Vance serve as consultants to ANAC on the project.

# Learning Objectives

At the completion of this session participants will be able to:

- Discuss common challenges facing people living with HIV as they age.
- Describe HIV-associated neurocognitive disorder, causes and ways to avoid or treat it.
- Identify ways to integrate geriatric assessments into your work setting
- Describe HIV associated bone and cardiac risks and strategies to avoid or minimize them
- Discuss the role of intimacy and pleasure in healthy aging with HIV

# Agenda

Introductions

HIV Aging Overview

Neurocognitive Aspects

Integrating Geriatric Assessments into Practice

BREAK

CASE Study #1

Bone & heart health

Intimacy & sexuality

CASE Study #2

Open Dialogue

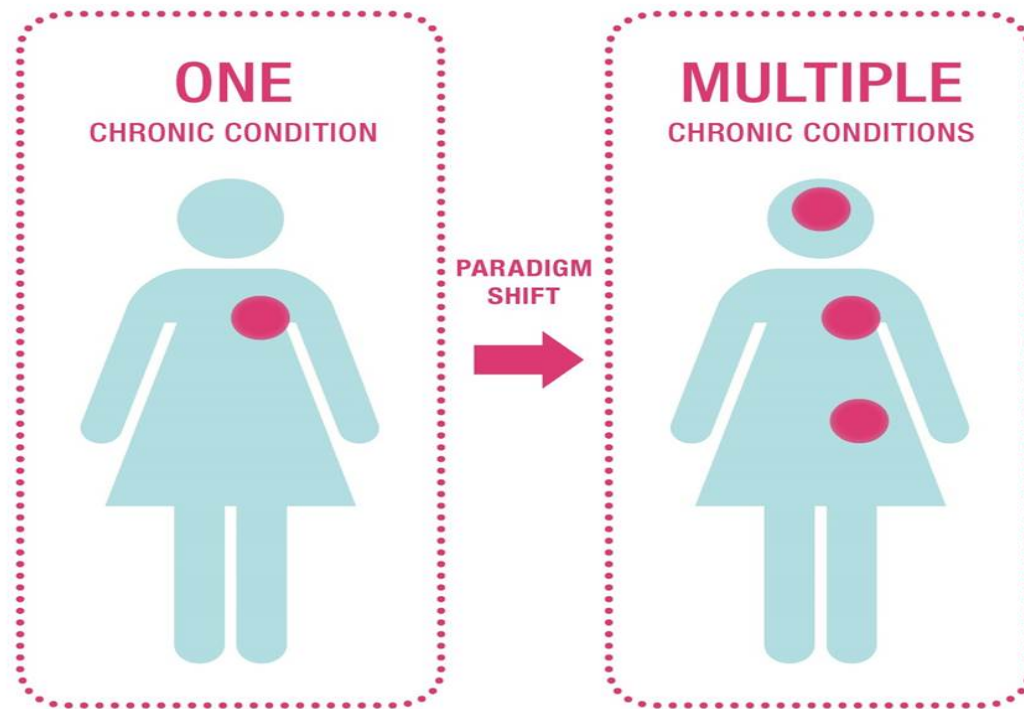


# HIV & Aging Overview

## The Aging of the HIV Epidemic in the US CDC Surveillance Data



# Rarely is HIV the only health condition impacting our clients & patients.





# Healthy Aging with HIV

Thriving

Wellness

Knowledge

Prevention

Adaptation

Self-care

Adjustments & modifications

Provider knowledge & partnerships

# Continuing Nursing Education

After participating in the session, follow the instruction sheet on accessing CNE, it includes a link to the on-line evaluation form. To be awarded contact hours for this session, complete the on-line evaluation at that link.

**Additional questions?  
Email Erin at [erin@anacnet.org](mailto:erin@anacnet.org)**

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