



Keynote Speaker
Thursday, Nov. 8
10:15 – 11:30 a.m.

Rev. Tommie Watkins, Jr., PhD, MDiv, LMSW

The Relationship Between Religion, Spirituality and Health

Using a didactic group process, this presentation will discuss the current research articulating the correlation between religiosity, spirituality and health outcomes among millennials and persons of color. A discussion of intersectionality: how the intersection of race, class, gender and socio-economic status conflates to predict health status will be presented. This presentation will also discuss sex, sexuality, spirituality and homophobia/heterosexism and examine how our internalization of these “isms” has adversely affected communities of color in addressing social and health.