

Ask  
me  
about



# PrEP

**Pre-exposure prophylaxis (PrEP) is a proven HIV prevention approach for HIV-negative people, using an approved anti-HIV medication (Truvada) to reduce the risk of getting HIV if exposed to the virus.**

## **How often do I need to take it?**

One pill – once daily.

701

**24**  
HOURS

## **Does it work?**

It has been proven to work in many different research studies. But it only works if you take it regularly. If you don't take it consistently, it won't protect you from HIV. It is approved by the FDA for this use and insurance will cover it. There are even some programs for people who do not have insurance.

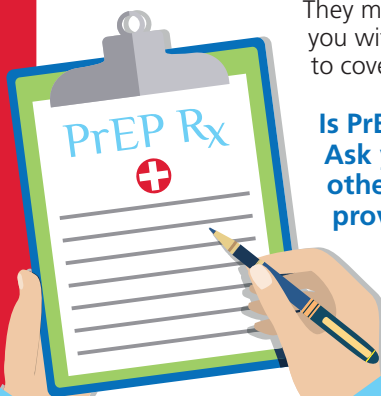
It works for women, heterosexual men, men who have sex with men and people who use drugs. It's a way for partners of HIV-positive people to stay negative. It's a way to protect yourself if you don't know your partner's status.

Yet many people are unaware of this new approach to HIV prevention.

## **How do I start PrEP?**

You must be prescribed PrEP by a doctor or nurse practitioner who will help you stay HIV negative.

They may also be able to help you with obtaining assistance to cover PrEP costs.



**Is PrEP right for you?  
Ask your nurse or  
other health care  
provider about PrEP.**

**It's time to  
learn more!**

## Want more information on PrEP?

[www.prepforsex.org](http://www.prepforsex.org)

[www.myprepexperience.com](http://www.myprepexperience.com)

[www.pleaseprepme.org/patient-resources](http://www.pleaseprepme.org/patient-resources)

## Provider information

[www.nursesinaidscare.org/prep](http://www.nursesinaidscare.org/prep)

[www.preventhiv.com](http://www.preventhiv.com)

[www.pleaseprepme.org/provider-resources](http://www.pleaseprepme.org/provider-resources)

## Find a PrEP provider near you

[www.preplocator.org](http://www.preplocator.org)

### Ask me:

*(For use by nurse or other healthcare provider.)*



**ANAC**  
Association of  
Nurses in AIDS Care

800.260.6780 | 330.670.0101 | [anac@anacnet.org](mailto:anac@anacnet.org)

[nursesinaidscare.org](http://nursesinaidscare.org)

This information is provided by the Association of Nurses in AIDS Care (ANAC), the leading nursing organization responding to HIV/AIDS care and treatment, research and prevention since 1987.



**GILEAD**

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